

THE PREPAREDNESS TEST
Gaye Levy of BackdoorSurvival.com

- 1. Family has rehearsed fire escape routes from our home.
- 2. Family knows what to do before, during, and after an earthquake/other emergency situation.
- 3. Heavy objects hanging over beds that can fall during an earthquake have been removed/secured.
- 4. Every occupied bedroom has operational flashlight.
- 5. Everyone has shoes near the bed to protect feet against broken glass.
- 6. Family knows how to shut-off the main water line to the house.
 - 7. Water valve can be turned off by hand.
 - 8. Water shut-off tool is in a designated place known by all.
- 9. Family knows where the main gas shut-off valve is located.
 - 10. If we smell gas, we know how & are able to shut off this valve.
 - 11. Gas shut-off tool is in a designated place known by all.
- 12. Adults in the family are able to safely restart the furnace when gas is safely available.
- 13. Family has working Smoke & Carbon Monoxide alarms in the proper places.
 - 14. Alarms are regularly tested (monthly).
 - 15. Alarms have working batteries.
- 16. We have a fire extinguisher & know how to use it.
 - 17. Fire extinguisher is checked & in working condition
- 18. Family has duplicate keys & copies of important insurance & other papers stored outside the home.
- 19. We have a functional emergency radio to receive emergency information.
- 20. In the event of an evacuation, we have identified a meeting place.

For Events lasting 72+ hours, our family has/is:

- Sufficient (nutrient dense) food.
- The means to cook food without gas & electricity.
- Sufficient water for drinking, cooking, & sanitary needs.
- Access to a 72 hour evacuation kit.
- Able to carry or transport these kits.
- Established an out-of-state contact.
- A first-aid kit in your home and in each car.
- Work gloves & some tools for minor rescue and clean up.
- Emergency cash on hand? (*During emergencies banks and ATMs are closed*)
- A way to safely heat at least part of our house.
- A tamper-proof/secure emergency supply of life-sustaining prescription medications on hand.
- A plan for sanitation & toilet facilities.
- Supply of food, clothing, & fuel where appropriate (6 months - 1 year)

Checklist courtesy of www.GoBerkey.com